

## DAILY CHALLENGE - MONDAY, JULY 13

Psalm 34:12-16 says, "Whoever would love life and see good days must keep their tongue from evil and their lips from deceitful speech. They must turn from evil and do good; they must seek peace and pursue it. For the eyes of the Lord are on the righteous and his ears are attentive to their prayer, but the face of the Lord is against those who do evil."

In response to this, the Apostle Peter adds, "Who is going to harm you if you are eager to do good?" (1 Peter 3:13)

Today's challenge is simple, and will set us up for the rest of the week:

Ask yourself, "What am I eager to do when I wake up every morning?"

Is it eating something? Drinking coffee? Looking at social media?

Then, ask yourself, "What is the most *good* thing I can do right now?"

"Good" meaning, something *you* do that benefits *someone else*.

Then, simply, do it!

Make your mom breakfast.

Do something that would bless your parents without them asking.

Go to Starbucks and get your sibling a coffee.

Send an encouraging text to someone so the first thing they wake up to is encouragement!

Christ-followers are people who are eager to do good, and we'll do a lot of good for people this week.

But the local missions opportunities we partake in should be an overflow of the good we're already doing for others in our daily lives.